

**November 2023**

	<b>November 2023</b>						
<b>Sunday</b>	<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>	<b>Saturday</b>	
			1	2	3	4	
5	6	7	8	9	10	11	
12	13	14	15	16	17	18	
19	20 Practice (8 <sup>th</sup> /7 <sup>th</sup> ) 3:15 – 4:45 PM <i>Middle School Gym</i>	21 Practice (8 <sup>th</sup> /7 <sup>th</sup> ) 3:15 – 4:45 PM <i>Middle School Gym</i>	22 Practice (8 <sup>th</sup> /7 <sup>th</sup> ) 3:15 – 4:45 PM <i>Middle School Gym</i>	23 NO PRACTICE	24 Practice (8 <sup>th</sup> /7 <sup>th</sup> ) 3:00 – 5:00 PM <i>Middle School Gym</i>	25 Optional Practice / Open Gym  Coaches Discretion	
26 NO PRACTICE	27 Practice (8 <sup>th</sup> /7 <sup>th</sup> ) 4:45 – 6:15 PM <i>Middle School Gym</i>	28 Practice (8 <sup>th</sup> /7 <sup>th</sup> ) 6:00 – 7:30 AM <i>High School Gym</i>	29 Practice (8 <sup>th</sup> /7 <sup>th</sup> ) 6:00 – 7:30 AM <i>High School Gym</i>	30 Practice (8 <sup>th</sup> /7 <sup>th</sup> ) 4:45 – 6:15 PM <i>Middle School Gym</i>			

## December 2023

	<b>December 2023</b>						
<b>Sunday</b>	<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>	<b>Saturday</b>	
					1  Practice (8 <sup>th</sup> /7 <sup>th</sup> ) 4:45 – 6:15 PM  <i>Middle School Gym</i>	2  Optional Practice / Open Gym  Coaches Discretion	
3  NO PRACTICE	4  Practice (8 <sup>th</sup> /7 <sup>th</sup> ) 3:15 – 4:45 PM  <i>Middle School Gym</i>	5  vs. Cotter La Crescent, MN	6  Practice (8 <sup>th</sup> /7 <sup>th</sup> ) 6:00 – 7:30 AM  <i>High School Gym</i>	7  Practice (8 <sup>th</sup> /7 <sup>th</sup> ) 3:15 – 4:45 PM  <i>Middle School Gym</i>	8  Practice (8 <sup>th</sup> /7 <sup>th</sup> ) 3:15 – 4:45 PM  <i>Middle School Gym</i>	9  Optional Practice / Open Gym  Coaches Discretion	
10  NO PRACTICE	11  Practice (8 <sup>th</sup> /7 <sup>th</sup> ) 4:45 – 6:15 PM  <i>Middle School Gym</i>	12  at Fillmore Central Preston, MN	13  Practice (8 <sup>th</sup> /7 <sup>th</sup> ) 6:00 – 7:30 AM  <i>High School Gym</i>	14  vs. Spring Grove La Crescent, MN	15  vs. Rushford- Peterson La Crescent, MN	16  Optional Practice / Open Gym  Coaches Discretion	
17  NO PRACTICE	18  Practice (8 <sup>th</sup> /7 <sup>th</sup> ) 3:15 – 4:45 PM  <i>Middle School Gym</i>	19  Practice (8 <sup>th</sup> /7 <sup>th</sup> ) 3:15 – 4:45 PM  <i>Middle School Gym</i>	20  Practice (8 <sup>th</sup> /7 <sup>th</sup> ) 6:00 – 7:30 AM  <i>High School Gym</i>	21  vs. Lewiston-Altura La Crescent, MN	22  NO PRACTICE	23  NO PRACTICE	
24 & 31  NO PRACTICE	25  NO PRACTICE	26  Practice (8 <sup>th</sup> /7 <sup>th</sup> ) 3:15 – 4:45 PM  <i>Middle School Gym</i>	27  Practice (8 <sup>th</sup> /7 <sup>th</sup> ) 3:15 – 4:45 PM  <i>Middle School Gym</i>	28  Practice (8 <sup>th</sup> /7 <sup>th</sup> ) 3:15 – 4:45 PM  <i>Middle School Gym</i>	29  Practice (8 <sup>th</sup> /7 <sup>th</sup> ) 3:15 – 4:45 PM  <i>Middle School Gym</i>	30  Optional Practice / Open Gym  Coaches Discretion	

## January 2024

	<b>January 2024</b>						
<b>Sunday</b>	<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>	<b>Saturday</b>	
	1	2	3	4	5	6	
	NO PRACTICE	Practice (8 <sup>th</sup> /7 <sup>th</sup> ) 4:45 – 6:15 PM <i>Middle School Gym</i>	Practice (8 <sup>th</sup> /7 <sup>th</sup> ) 6:00 – 7:30 AM <i>High School Gym</i>	at Saint Charles Saint Charles, MN	Practice (8 <sup>th</sup> /7 <sup>th</sup> ) 6:00 – 7:30 AM <i>High School Gym</i>	TriState Tournaments Saint Mary's Univ. Winona, MN	
7	8	9	10	11	12	13	
NO PRACTICE	Practice (8 <sup>th</sup> /7 <sup>th</sup> ) 3:15 – 4:45 PM <i>Middle School Gym</i>	NO PRACTICE SNOW DAY	Practice (8 <sup>th</sup> /7 <sup>th</sup> ) 6:00 – 7:30 AM <i>High School Gym</i>	vs. Chatfield La Crescent, MN	Practice (8 <sup>th</sup> /7 <sup>th</sup> ) 3:15 – 4:45 PM <i>Middle School Gym</i>	Optional Practice / Open Gym  Coaches Discretion	
14	15	16	17	18	19	20	
NO PRACTICE	at Wabasha-Kellogg Wabasha, MN	Practice (8 <sup>th</sup> /7 <sup>th</sup> ) 4:45 – 6:15 PM <i>Middle School Gym</i>	Practice (8 <sup>th</sup> /7 <sup>th</sup> ) 6:00 – 7:30 AM <i>High School Gym</i>	vs. PEM La Crescent, MN	Practice (8 <sup>th</sup> /7 <sup>th</sup> ) 4:45 – 6:15 PM <i>Middle School Gym</i> <i>No School</i>	Optional Practice / Open Gym  Coaches Discretion	
21	22	23	24	25	26	27	
NO PRACTICE	at Dover-Eyota Eyota, MN	Practice (8 <sup>th</sup> /7 <sup>th</sup> ) 3:15 – 4:45 PM <i>Middle School Gym</i>	Practice (8 <sup>th</sup> /7 <sup>th</sup> ) 6:00 – 7:30 AM <i>High School Gym</i>	vs. Caledonia La Crescent, MN	Practice (8 <sup>th</sup> /7 <sup>th</sup> ) 3:15 – 4:45 PM <i>Middle School Gym</i>	Optional Practice / Open Gym  Coaches Discretion	
28	29	30	31				
NO PRACTICE	Practice (8 <sup>th</sup> /7 <sup>th</sup> ) 4:45 – 6:15 PM <i>Middle School Gym</i> <i>Girls Home</i>	Practice (8 <sup>th</sup> /7 <sup>th</sup> ) 4:45 – 6:15 PM <i>Middle School Gym</i>	Practice (8 <sup>th</sup> /7 <sup>th</sup> ) 6:00 – 7:30 AM <i>High School Gym</i>				

## February 2024

February 2024						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1  Practice (8 <sup>th</sup> /7 <sup>th</sup> ) 4:45 – 6:15 PM  <i>Middle School Gym</i> <i>Girls Road</i>	2  Practice (8 <sup>th</sup> /7 <sup>th</sup> ) 4:45 – 6:15 PM  <i>Middle School Gym</i>	3  Optional Practice / Open Gym  Coaches Discretion
4  NO PRACTICE	5  Practice (8 <sup>th</sup> /7 <sup>th</sup> ) 3:15 – 4:45 PM  <i>Middle School Gym</i>	6  at Lewiston-Altura Lewiston, MN	7  Practice (8 <sup>th</sup> /7 <sup>th</sup> ) 6:00 – 7:30 AM  <i>High School Gym</i>	8  at Cotter Winona, MN	9  Practice (8 <sup>th</sup> /7 <sup>th</sup> ) 6:00 – 7:30 AM  <i>High School Gym</i>	10  Optional Practice / Open Gym  Coaches Discretion
11  NO PRACTICE	12  at Lake City Lake City, MN	13  vs. Fillmore Central La Crescent, MN	14  Practice (8 <sup>th</sup> /7 <sup>th</sup> ) 6:00 – 7:30 AM  <i>High School Gym</i>	15  at Rushford- Peterson Rushford, MN	16  Practice (8 <sup>th</sup> /7 <sup>th</sup> ) 4:45 – 6:15 PM  <i>Middle School Gym</i> <i>No School</i> <i>Girls Home</i>	17  TriState Tournaments Cotter High School Winona, MN
18  NO PRACTICE	19  Practice (8 <sup>th</sup> /7 <sup>th</sup> ) 3:15 – 4:45 PM  <i>Middle School Gym</i> <i>No School</i>	20  at Caledonia Caledonia, MN	21  Practice (8 <sup>th</sup> /7 <sup>th</sup> ) 6:00 – 7:30 AM  <i>High School Gym</i>	22  Practice (8 <sup>th</sup> /7 <sup>th</sup> ) 3:15 – 4:45 PM  <i>Middle School Gym</i>	23  Practice (8 <sup>th</sup> /7 <sup>th</sup> ) 3:15 – 4:45 PM  <i>Middle School Gym</i>	24  Optional Practice / Open Gym  Coaches Discretion
25  NO PRACTICE	26  Uniform Turn-In 3:15 PM	27	28	29		