	November 2023						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
			1	2	3		
5	6	7	8	9	10	1	
12	13	14	15	16	17	1	
19	20	21	22	23	24	2	
	Practice (9) 6:30 – 7:30 AM <i>Middle School</i> Practice (9) 7:15 – 8:45 PM	Practice (9) 6:30 – 7:30 AM <i>Middle School</i> Practice (9) 7:15 – 8:45 PM	Practice (9) 12:00 – 1:30 PM Weight Lifting 11:15 – 12:00 PM	NO PRACTICE	Practice (9) 12:00 – 1:30 PM	Practice (! 9:45 – 11:15 Al <i>Middle Scho</i> Weight Liftir 9:00 – 9:45 Al	
26 NO PRACTICE	27 Practice (9) 7:15 – 8:45 PM	28 Practice (9) 6:45 – 8:15 PM <i>Middle School</i> <i>Girls Home</i> Weight Lifting	29 Practice (9) 4:30 – 6:00 PM <i>Middle School</i>	30 vs. Holmen (WI) La Crescent, MN			

	December 2023						
Saturday	Friday	Thursday	Wednesday	Tuesday	Monday	Sunday	
	1						
Practice 9:45 – 11:15 A <i>Middle Scho</i> Weight Lifti 9:00 – 9:45 A	Practice (9) 7:15 – 8:45 PM						
	8	7	6	5	4	3	
Practice 9:45 – 11:15 A <i>Middle Scho</i> Weight Lifti 9:00 – 9:45 A	Practice (9) 3:15 – 5:00 PM	Team Pictures Practice (9) 5:15 – 7:00 PM	Practice (9) 4:30 – 6:00 PM <i>Middle School</i> Weight Lifting 3:45 – 4:30 PM	vs. Cotter La Crescent, MN	Practice (9) 5:15 – 7:00 PM	NO PRACTICE	
	15	14	13	12	11	10	
Practice 9:45 – 11:15 A <i>Middle Scho</i> Weight Lifti 9:00 – 9:45 A	vs. Rushford- Peterson La Crescent, MN	vs. La Crosse Central (WI) La Crescent, MN	Practice (9) 4:30 – 6:00 PM <i>Middle School</i> Weight Lifting 3:45 – 4:30 PM	at Fillmore Central Preston, MN	Practice (9) 7:15 – 8:45 PM	NO PRACTICE	
	22	21	20	19	18	17	
NO PRACTI	NO PRACTICE	vs. Lewiston-Altura La Crescent, MN	Practice (9) 4:30 – 6:00 PM <i>Middle School</i> Weight Lifting 3:45 – 4:30 PM	vs. Aquinas (WI) La Crescent, MN	vs. Winona Senior La Crescent, MN	NO PRACTICE	
	29	28	27	26	25	24 & 31	
Practice 9:45 – 11:15 A <i>Middle Scho</i> Weight Lifti 9:00 – 9:45 A	Practice (9) 12:00 – 1:30 PM	Practice (9) 12:00 – 1:30 PM	Practice (9) 12:00 – 1:30 PM	Practice (9) 12:00 – 1:30 PM Weight Lifting 11:15 – 12:00 PM	NO PRACTICE	NO PRACTICE	

	January 2024						
Saturday	Friday	Thursday	Wednesday	Tuesday	Monday	Sunday	
	5 Practice (9)	4	3	2	1		
Practice (9 9:00 – 10:30 Al Elementary Scho	6:45 – 8:15 PM <i>Middle School</i> <i>Girls Home</i> Weight Lifting 3:15 – 4:00 PM	at Saint Charles Saint Charles, MN	Practice (9) 4:30 – 6:00 PM <i>Middle School</i> Weight Lifting 3:45 – 4:30 PM	Practice (9) 7:00 – 8:30 PM	NO PRACTICE		
1	12	11	10	9	8	7	
Practice (9 10:00 – 11:30 AN <i>Elementary Schoo</i> Weight Liftin 9:00 – 9:45 AN	Practice (9) 5:15 – 6:30 PM	vs. Chatfield La Crescent, MN	Practice (9) 4:30 – 6:00 PM <i>Middle School</i> Weight Lifting 3:45 – 4:30 PM	NO PRACTICE SNOW DAY	at Lourdes Rochester, MN	NO PRACTICE	
2	19	18	17	16	15	14	
Practice (9 10:00 – 11:30 AI <i>Elementary Schoo</i> Weight Liftin 9:00 – 9:45 AI	Practice (9) 11:30 – 1:00 PM <i>No School</i>	vs. PEM La Crescent, MN	Practice (9) 4:30 – 6:00 PM <i>Middle School</i> Weight Lifting 3:45 – 4:30 PM	Practice (9) 7:00 – 8:30 PM	Practice (9) 3:15 – 4:30 PM	NO PRACTICE	
2	26	25	24	23	22	21	
Practice (9 10:00 – 11:30 AI Elementary Schoo Weight Liftin 9:00 – 9:45 AI	Practice (9) 5:15 – 6:30 PM	vs. Caledonia La Crescent, MN	Practice (9) 4:30 – 6:00 PM <i>Middle School</i> Weight Lifting 3:45 – 4:30 PM	Practice (9) 6:15 – 7:45 PM Middle School Gym Wrestling Home	at Dover-Eyota Eyota, MN	NO PRACTICE	
			31	30	29	28	
			Practice (9) 4:30 – 6:00 PM <i>Middle School</i> Weight Lifting 3:45 – 4:30 PM	Practice (9) 5:15 – 6:30 PM	Practice (9) 6:15 – 7:45 PM <i>Middle School</i> <i>Girls Home</i>	NO PRACTICE	

	February 2024						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
				1	2		
				Practice (9) 6:15 – 7:45 PM Middle School Gym Wrestling Home	Practice (9) 5:15 – 6:30 PM	Practice (9:45 – 11:15 A <i>Middle Scho</i> Weight Liftin 9:00 – 9:45 A	
4	5	6	7	8	9		
NO PRACTICE	vs. Waukon (IA) La Crescent, MN	at Lewiston-Altura Lewiston, MN	Practice (9) 4:30 – 6:00 PM <i>Middle School</i> Weight Lifting 3:45 – 4:30 PM	at Cotter Winona, MN	Practice (9) 7:00 – 8:15 PM <i>Middle School</i> <i>Girls Home</i>	Practice (9:45 – 11:15 A <i>Middle Scho</i> Weight Liftin 9:00 – 9:45 A	
11	12	13	14	15	16		
NO PRACTICE	at Lake City Lake City, MN	vs. Fillmore Central La Crescent, MN	Practice (9) 4:30 – 6:00 PM <i>Middle School</i> Weight Lifting 3:45 – 4:30 PM	at Rushford- Peterson Rushford, MN	Practice (9) 11:30 – 1:00 PM No School Girls Home	Practice (10:00 – 11:30 A <i>Elementary Scho</i> Weight Lifti 9:00 – 9:45 A	
18	19	20	21	22	23		
NO PRACTICE	Practice (9) 11:30 – 1:00 PM <i>No School</i>	at Caledonia Caledonia, MN	Practice (9) 4:30 – 6:00 PM <i>Middle School</i> Weight Lifting 3:45 – 4:30 PM	Practice (9) 7:00 – 8:30 PM	Practice (9) 7:00 – 8:30 PM	Practice (9:45 – 11:15 A <i>Middle Scho</i> Weight Lifti 9:00 – 9:45 A	
25	26	27	28	29			
NO PRACTICE	Uniform Turn-In 3:15 PM						